

ID:

Date:

EDQOL

INSTRUCTIONS: Please answer the following statements according to how well they describe you in the last 30 days. Please be as open as possible. There are no right or wrong answers. Place an (X) under the appropriate column. For those items that do not apply to you, please leave them blank.

In the last 30 days...

Never *Rarely* *Sometimes* *Often* *Always*

	<i>Never</i>	<i>Rarely</i>	<i>Sometimes</i>	<i>Often</i>	<i>Always</i>
Psychological:					
1. How often has your eating/weight resulted in you feeling embarrassed or "different"?					
2. How often has your eating/weight made you feel worse about yourself?					
3. How often has your eating/weight made you not want to be with people?					
4. How often has your eating/weight resulted in you believing that you will never get better?					
5. How often has your eating/weight made you feel lonely?					
6. How often has your eating/weight resulted in less interest or pleasure in activities?					
7. How often has your eating/weight led you to not care about yourself?					
8. How often has your eating/weight made you feel odd, weird, or unusual?					
9. How often has your eating/weight resulted in avoiding eating in front of others?					
Physical/Cognitive:					
10. How often has your eating/weight caused cold hands or feet?					
11. How often has your eating/weight caused frequent headaches?					
12. How often has your eating/weight caused weakness?					
13. How often has your eating/weight affected your ability to pay attention when you wanted to?					
14. How often has your eating/weight affected your ability to comprehend some verbal and written information?					
15. How often has your eating/weight reduced your ability to concentrate?					
Financial:					
16. How often has your eating/weight led to problems with treatment provider(s) regarding cost of treatment?					
17. How often has your eating/weight led to you having difficulty paying monthly bills?					
18. How often has your eating/weight resulted in significant financial debt?					
19. How often has your eating/weight led to the need to spend money from savings or use your credit card frequently?					
20. How often has your eating/weight resulted in the need to borrow money?					
Work/School:					
21. How often has your eating/weight led to a leave of absence from work?					
22. How often has your eating/weight led to low grades?					
23. How often has your eating/weight resulted in reduced hours at work?					
24. How often has your eating/weight resulted in you losing a job or dropping out of school?					
25. How often has your eating/weight led to failure in a class or classes?					

EDQOL Scoring

Subscale scores are calculated by adding together the raw scores and dividing by the number of items.

Each item is scored 0-4 as follows:

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

Psychological Subscale

1___ 2___ 3___ 4___ 5___ 6___ 7___ 8___ 9___

Total_____ Divided by 9 = _____

Physical/Cognitive Subscale

10___ 11___ 12___ 13___ 14___ 15___

Total_____ Divided by 6 = _____

Financial Subscale

16___ 17___ 18___ 19___ 20___

Total_____ Divided by 5 = _____

Work/School Subscale

21___ 22___ 23___ 24___ 25___

Total_____ Divided by 5 = _____

Total Score

Add together the total scores from each subscale:

Psychological Total_____ Physical/Cognitive Total_____

Financial Total_____ Work/School Total_____

Combined Total_____ Divided by 25 = _____